

# Corette

## Cor Jesu Academy



October 2011

10230 Gravois Road St. Louis, MO 63123

Volume 54 Issue 3

# “Steel Magnolias” Steals the Spotlight

BY ELIZABETH CAPUTA '15



Most of us at CJ have heard about the fall drama *Steel Magnolias* and many of us have even been to a fabulous CJ production. Corette gets the inside scoop on the upcoming play and what the audience can expect from the six actresses, crew, and director that have worked to put it together.

“I have always loved this play and it really highlights women. So many of the really good plays are written for men; it’s wonderful to have a play that focuses on women,” says director **Mrs. Bolt**. Not only is the director excited for the play, but students are too. “I expect this play to be really funny and all of the actors to be great at their parts,” says **Ellen Dryden '15**. She also agrees with Mrs. Bolt’s choice

of production. “My choice would not have been any different than Mrs. Bolt’s. I’m sure she will direct this play wonderfully!” says Ellen. Well, Mrs. Bolt certainly isn’t lacking in experience! “In my entire teaching career, I have directed 60 productions,” says Mrs. Bolt. The crew is also excited for the play. “If I was not on the light crew, I would definitely pay to see it!” says **Tess Martin '15**.

Like any production, there are challenges putting on the play. The hardest part is the hair! Actresses have to wash, set, style, and comb out hair on the stage in real time. We look forward to attending the production this week and seeing the hard work of many CJ girls come to fruition in *Steel Magnolias*.



Top left: Stage crew girls, (top) Kate Gilfoil '13, Hannah Randolph '15, Monica Pfeffer '14, (bottom) Claire Elliott '14, Abby Mispagel '13, and Madeline Lickenbrock '14 bond on opening night.

Photo by Allison Segura '14

Bottom left: Costume crew girls, (top) Katie Schaefer '12, Kristi Walsh '12, (bottom), Allison Segura '14, Mary Schaefer '14, and Sammi Osterloh '14, sport their black during intermission.

Photo by Abby Mispagel '13

Bottom right: The cast of *Steel Magnolias*, Abby Sartori '12, Julie Schneier '12, Julia Pottinger '15, Haley Kloess '12, Annie Gardner '15, and Megna Reschke '13 takes a minute to pose before going on stage.

Photo by Abby Mispagel '13

# Stress Relief

BY KATHLEEN SAINZ '13

Everyone always says that Cor Jesu girls have a lot of stress in their lives. Work, tests, homework, clubs, sports, family time, free time, service time—it becomes hard to balance everything. However, very seldom is it heard that Cor Jesu girls have become the masters of stress: accomplishing major achievements, staying on top of their school work, serving their community, going to work and much more. How do they do it?

“To deal with stress I like to dance until I get tired. While I’m dancing, I listen to my random songs on my playlist. This helps me to calm down a little bit and not think about whatever is stressing me out,” shares **Julia Esswein '13**. Listening to music seems to be a common way to relieve stress as it is echoed by **Gina LaMantia '15** who says, “I like to listen to my favorite music while I’m doing homework because I think it’s a good way not to hate homework as much.”

For **Anna Scheuler '12** there are many ways to relieve stress. She says “To deal with stress I sometimes listen to loud music. Other times I sit on the couch and watch TV, for a little bit. I think the main way I deal with stress is to make lists. It also helps me stay organized so I don’t forget things and I always feel accomplished at the end when I have a list completely crossed off.”

**Emily Inserra '13** finds relief from stress by praying. “I deal with stress by mainly asking for God’s help with things. One of my favorite quick prayers is ‘help us God to do our best and trust in You to do the rest.’” She also adds, “Freshman year, a group of my friends and I started sending out “Happy Monday” emails. A group of us

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# CJ Fall Spirit Week 2011



Above: (from left to right) Caroline Seuss '15, Sarah Cafazza '13, Madeline Lickenbrock '14, and Emily Hartmann '12 compete in a salad eating contest.

Photo by Jo Jo Winkelmann '13

Right: CJ Idol judges enjoy watching the acts preformed by CJ girls.

Photo by Emily Inserra '13

Below: Grace Brummell '15, second place winner of CJ Idol, sings and plays guitar.

Photo by Emily Inserra '13



At left: Girls play Atlas Ball in a competition between the classes.

Photo by Emily Inserra '13



Above: Dr. Curran rocks out during his solo in the teacher’s performance.

Photo by Emily Inserra '13

# How to Get a Date for the Fall Formal: CJ Style

BY CARA GREENLEY '14

As we all know, the fall formal is quickly approaching, but do you have a date? Do you know who you want to ask but don’t know how to go about asking that special someone? Well, don’t worry because some fellow CJ girls have some tips for you on how to ask someone to the dance.

If you’re really good friends with the person you want to ask, you will have a much easier time asking them to go to fall formal. You could ask them in person, but asking someone on Facebook works too. **Amanda Hitzemann '14** says that she successfully asked her date last year on Facebook.

Maybe you aren’t all that close of friends with the guy you want to ask, which makes it harder to get the question out, but have no fear. **Veronica George '14** says, “I make cookies or brownies, and then ask them.” This method will definitely work. Who doesn’t love food, right?

November 12, the date of the fall formal is getting quite close, so try one of these ways and get yourself a date!

# Stress Relief

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were in study one day and we collaborated to form a Happy Monday email to send to our friends. We filled it with jokes, weird facts, funny pictures, songs, or anything else that made us happy. When I read a "Happy Monday" email I am instantly more stress-free because they're filled with really funny stuff that I enjoy. I would definitely suggest that other people send Happy Monday emails because they really do help you out. Plus, it helps you and your friends create a closer bond. Basically, it's a win-win." **Maria Lanari '15** simply adds, "When I'm stressed, I take a break and go play outside."

And while CJ girls have seemingly mastered their stress, there is still more than enough to go around. "The thing that stresses me out most is when I have multiple tests and projects all due at the same time, in addition to after school activities," Says Esswein. LaMantia adds, "I stress about Biology. Enough said." Tests, projects, and even Biology seem like minor problems when compared to the stress that Scheuler along with the other seniors feel. Scheuler shares, "My biggest stress right now is definitely college stuff. Because I'm a senior I feel like I have so many deadlines and forms to keep track of and they are all different for different colleges. Also, I have to manage all the school work, my job, and extracur-

riculars along with all the college stuff. But in the end, I have a family and good friends who help me keep it all together."

While the stress caused by college applications and school work is somewhat necessary, school counselor **Mrs. Tommy Nolan** advises that CJ girls try to limit the amount of unnecessary stress in their lives. She says, "I think one of the main things that adds unnecessary stress to people's lives is when they compare themselves to the people around them and they feel like they're coming up short." To prevent this unnecessary stress, Nolan tells CJ students "Every time you catch yourself comparing yourself to something else, stop. Do not allow yourself to be compared to anyone else. Everyone is different and therefore it is not fair to try to compare yourself with others." And while the methods of stress relief vary as much as the girls themselves, the outcome is still the same: success, in school, in work, and in everything that CJ girls do. Nolan acknowledges this saying "It's easy to become stressed when everyone around you is talking about how much work they have but remember girls, keep your life in balance and allow yourself time for play." Inserra agrees as she says, "I think a little fun and a few laughs helps everyone to keep a positive outlook on life."

## De-Stressing Jokes

Q: What face does a muffin make when it is happy?

A: I would show you, but I ate the muffin.

**Q: What did the mother buffalo say when her boy left for college? A: BYE-SON!**

Q: Where do you find a turtle with no legs?

A: Right where you left it.

Q: What is red and smells like blue paint? A: Red paint.

**Q: WHAT IS BROWN AND STICKY? A: A STICK.**

Q: What is it called when you loan money to a bison?

A: A buffa-loan!

I went to a bookstore and asked the sales woman, "Where's the self-help section?" She said if she told me, it would defeat the purpose.

Q. Why does a seagull fly over the sea?

A. Because if it flew over the bay it would be called a bagel!

**Q. What did the football coach say to the broken vending machine? A. Give me my quarterback!**

*\*Jokes from various sources including greatcleanjokes.com, anti-joke.com, yahoo.com, riftgame.com, and Allison Mispagel.*

# New Restaurant for Chargers to Try

BY MARIA SIMON '15

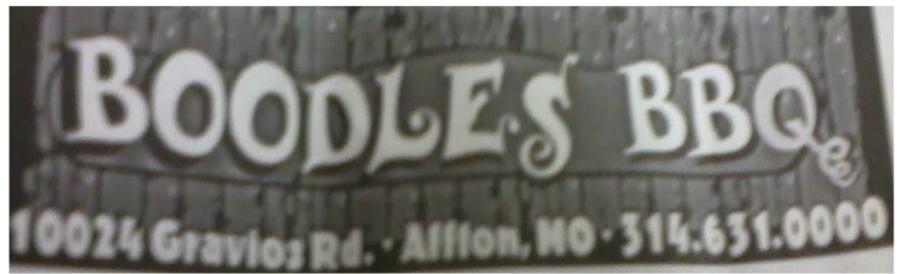
Just this month a new restaurant has opened just across the street from the ever popular Bread Co. Boodles Barbeque (as the name tells) offers barbeque; something not often found close to CJ.

Owner's Jonathan and Chris have given their restaurant a Southern style theme. The restaurant definitely fits a southern theme with walls of dark wood; lighting shades are potato sacks and the whole atmosphere transports you to the deep South. As soon as you approach the restaurant you can smell the smokey goodness.

Jonathan, one of the owners started Bandana's barbeque and later sold the business. When Chris and Jonathan started this

business, they tweaked their recipes to add a Southern flavor. They have many items on their menu; pork, brisket, chicken and turkey though their specialty is baby back ribs. Their baby back ribs are made with their secret rub and your choice of sauce. There are three different sauces: sweet, spicy, and mustard based sauce. My personal favorite item is the baby back ribs with sweet sauce.

All items on the menu come with at least one side like their unique side dish, fried biscuits. Everything is made fresh with your order. Though they do not yet have a website, their staff is very friendly and open to any questions you have.



# College: Getting a Head Start

BY VICTORIA MUELLER '12

December 1st marks the deadline for seniors to have applied to their future colleges. While some were done with their application process in September, others haven't even started. **Maria Orr '12** said that "I haven't applied to college yet. It's getting stressful now, since it's getting later in the year and all, and deadlines are coming up."

So how can future seniors avoid this stressful time? Several current juniors have already begun investigating various colleges and universities in order to avoid a stressful senior year. **Emily Otto '13** and **Maria Llanos '13** are two of these forward-planning juniors. "I've already started looking at colleges," Otto said. "I want to get ahead and not have to worry about college at all senior year." "I want to make sure I have enough time to find a place I really like," Llanos added, but she also says that she's not particularly worried about her future just yet. "I care about colleges and want to learn more, but I'm not to a point that I am obsessing about it."

Others agree with Llanos's attitude. "I'd say I'm just mildly interested," **Claire Trebing '13** noted. "Mostly I just started looking because my mom told me to start." Regardless of where they are currently in their college search, the juniors can be sure that they'll have to get started eventually.

# Corette Editorial Board: 2011-2012

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# Spirit Week Pictures



The senior choir girls sing and dance to "Somebody to Love" by Queen for their act in CJ Idol. The seniors took first place in the competition.

Photo by Emily Inserra '13



Juniors Katie Sainz, Molly Ryan, Julia Esswein, Abby Mispagel, Brianna Kelly, Emily Inserra, and Katie Thieret dress up in theme on "French Day" during the Salad Dressing themed Spirit Week.

Photo by Emily Otto '13

Sr. Colleen raps during the rendition of Michael Jackson's "We are the World" that the faculty performed for CJ Idol.

Photo by Emily Inserra '13





