The website I chose was The National Child Traumatic Stress Network. The areas I focused upon was exploring the tabs called, Trauma Types, and Resources. There was some information that I learned that was new, however it was more as stuff I had not thought of before but makes complete sense. This is because I usually think of traumas such as domestic violence, early childhood trauma, and neglect. The traumas I had not thought of before are community violence, natural disasters, refugee and war zone trauma, traumatic grief, and terrorism. This opened my mind as to what other areas I have not thought of when considering these types of topics. The amount of resources available on this website is wonderful. It gives people of all walks of life a chance to reach out and get help. For instance, within the resources, it allows you to see what type of resource would be best for that specific type of trauma.

The information that surprised me was the types of trauma that I had not considered before. There was nothing drastically surprising however.

Children, parents, teachers, extended family, and police officers are only a few categories of people who could benefit from this website. The main reason for this site is to help children, however adults of all sorts are able to help the children through these recourses and information provided.

Something I would like to know about child trauma is signs how to see it. It is often not obvious that children have been through trauma, so knowing how to detect it would be really beneficial.