**Personal Profile**

**Complete the statements below to help me write your college letter of recommendation.**

**Name:**

**1. The three qualities you like best about yourself are…**

Responsible, Selfless, Optimistic. I’m find that I’m always on time and i stick to things that need to be done. I’m always helping others and making sure their personal needs come before mine. Lastly, I always try to look at the good in every situation and stay positive.

**2. The accomplishments you are most proud of are…**

I’m very proud of my determination of raising money for a mission trip in Africa I was apart of last summer. I’m also really proud of where i’m at now with my new acl because i’ve made such a huge difference since I first started recovery. And I’m also so proud of accomplishing a great season of basketball. I was along the sidelines the entire season but seeing my team improve individually and work towards their goals was really a proud moment.

**3. The outside of school activity that has been most rewarding for you is....because....**

I’d say the activities i’ve done with children like Vacation Bible School or coaching at sports camps have been very rewarding. First of all I love helping others but seeing kids learn a new skill or a new worship song is something incredible.

**4. What is your greatest area of weakness, and why?**

I would say public speaking. I’ve always had an issue with public speaking since I was younger and I’ve always feared what others would think even if it was something of less importance and i believed I wasn’t great at it. I tend to overthink things so much that leads me to a great deal of stress. I can speak the same way to one person or smaller groups, but a larger group is what gives me anxiety. But, over the years i've seen that i've gotten a bit better and I hope my fear completely fades away.

**5. Are there any “extenuating circumstances” that I should include in the recommendation? For example: difficult adjustment to high school; family structure change; illness or other personal issues, etc.**

I had a knee injury at the end of the first semester my junior year and I missed 2 weeks of school recovering just from my acl surgery. It was challenging to catch up with all my school work but a bigger challenge was staying positive through everything. My injury affected with my studies a bit because of my mental state and being so hard on myself.

**6. Right now, what are your top priorities?**

My top priorities are family, school, sports, and church.

**7. What statement summarizes your personal philosophy of life?**

“Though the course may change sometimes, rivers always reach the sea.” -Even though my life has taken a different course due to different circumstances, if its all truly meant to happen then everything will eventually reach the sea with each other.

**8. What are your career goals or areas of interest?**

I’m very interested in studying psychology or forensic science. I’ve always liked these areas of study and I feel I could do really well with it. A career goal would be photojournalism, but I’m just worried about where it would take me and if it would be a really fulfilling job because photography has always been just a hobby for me.

**9. If you work, where are you employed and how many hours per week do you work? What do you like best and least about your job?**

N/a

**10. Use this remaining space to relate a specific event that affected you in some way (socially, physically, emotionally, or spiritually). The event you choose and the effect it had on you should give me some insight about you.**

I traveled with my church to Malawi, Africa last summer that I worked so hard to save up for. It was nothing I ever expected. I was able to undergo service projects down there and visit villages where I met so many amazing children and adults. This trip affected me in so many ways that took me out of my comfort zone- in a good way. When I came back I became involved with Vacation Bible School for young children and I became a leader for a youth retreat. I continue to invest myself in other lives and really work to help others.