

Sabrina Bierman

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EDUCATION **Rush University Medical Center;** Chicago, IL
Masters of Science in Clinical Nutrition, May 2016
GPA: 4.0

Point Loma Nazarene University; San Diego, CA
Bachelors of Science in Dietetics, May 2014
GPA: 3.9, *Summa Cum Laude*

EXPERIENCE **Rush University Medical Center;** Chicago, IL
Dietetic Intern
August 2014-May 2016

Completed a comprehensive and rigorous dietetic internship which included 1,200 hours of supervised practice rotations- 10 weeks in food service management rotations, 31 weeks in outpatient and inpatient rotations, and 5 weeks in community rotations.

Clinical

- Completed six weeks of staff relief in the Neonatal Intensive Care Unit (NICU) and four weeks on a general medical floor.
 - Covered up to 20-beds in the NICU, participated in interdisciplinary daily rounds, and created the enteral and/or parenteral nutrition prescription for infants who needed an alternate route of nutrition.
 - Simultaneously covered up to 16-beds on a general medical floor.
- Utilized the nutrition care processes and motivational interviewing both inpatient and outpatient in order to counsel patients of different ethnicities and disease states.
- Obtained 200 hours of outpatient counseling experience in neonatology, obstetrics, and geriatrics.

Community

- Developed and presented health promotion and nutrition presentations to populations across the lifespan: Headstart preschoolers, pre-teens, low-income women, Rush employees, and senior citizens.
- Taught pre-teens about carbohydrate counting and assisted with blood-glucose testing at a weeklong over-night diabetes camp for roughly 140 campers.
- Organized, developed, and demonstrated the preparation of a four-course meal for 50 Rush employees which met specific dietary guidelines.

Food Service

- Supervised food service employees, conducted sanitation and quality control inspections, as well as assisted in improving Press Ganey scores.
- Developed a salad recipe that met specific nutritional requirements to be sold in the Rush cafeteria.

Heart to Heart International- Medical Mission Trip; Haiti

Dietetic Volunteer
May, 2013

- Worked in various clinics and pharmacies throughout the country of Haiti with an interdisciplinary team performing patient consultation and care.

RESEARCH MASTERS THESIS

Chicago, IL; August 2014 – May 2016

- “Assessing the Breastfeeding Knowledge, Attitudes/Beliefs, and Practices of Obstetricians and Obstetric Staff at Rush University Medical Center.”

MANAGEMENT PROJECT

Chicago, IL; August 2015-Present

- “Pediatric Malnutrition at Rush University Medical Center: Diagnosis, Documentation, and Reimbursement Impact”

SEMINAR

Chicago, IL; January 2016

- “Detox Diets”

NUTRITION EPIDEMIOLOGY

Chicago, IL ; August 2015-December 2015

- “What is the prevalence of wheezing and/or whistling in chest among children ≤ 6 years of age who were never breastfed, breastfed < 6 months, and breastfed ≥ 6 months in the NHANES 2009-2010 and 2011-2012 cycles?”

VOLUNTEER AND LEADERSHIP EXPERIENCE **Chicago Lighthouse Volunteer**
Chicago, IL; 2015 & 2016
President and Founder of Point Loma Nazarene University’s (PLNU) Student Dietetic Association
San Diego, CA; 2012-2014
Initiation Chair of PLNU’s Phi Upsilon Omicron Society
San Diego, CA; 2013-2014
Research Assistant- Healthy Dining Finder
San Diego, CA; 2013-2014
Academy of Nutrition and Dietetics’ student liaison for PLNU
San Diego, CA; 2012-2014
PLNU’s student representative for the San Diego Dietetic Association
San Diego, CA; 2012-2014

HONORS AND AWARDS **College of Health Sciences CHS Tuition Award**
Rush University Medical Center, 2014-2015
College of Health Sciences Scholarship Award in the Department of Clinical Nutrition
Rush University Medical Center, 2015
Nominated for California Dietetic Association’s Outstanding Dietetic Student of the Year
San Diego, 2013