Asian Zing! Brussel Sprout Salad
Fresh spinach and assorted baby lettuce, roasted marinated brussel sprouts, carrots, green onions, sprinkled with toasted sesame seeds and crispy fried wontons. Served with a sweet chili lime dressing.
Cals: 123  Fat: 1.2gm  Sodium: 410 mg

Harvest Apple Salad
Fresh watercress and assorted baby lettuce, crisp sliced apples, dried figs, quinoa, sprinkled with chopped walnuts. Served with a sweet roasted apple vinaigrette.
Cals: 263  Fat: 7.9 gm  Sodium: 204.7 mg

Mediterranean Salad
Crisp romaine, assorted baby lettuce, red peppers, cucumbers, tomatoes, red onion, garbanzo beans, and artichokes topped with Feta cheese, Kalamata olives, and low fat Greek yogurt dressing.
Cals: 151  Fat: 5 gm  Sodium: 481 mg

Ginger Pear Quinoa
Tender spinach, pears, quinoa, garbanzo beans, pecans, sundried cranberries, sprinkled with parsley. Served with low fat pear maple vinaigrette.
Cals: 300  Fat: 8.1 gm  Sodium: 157 mg