

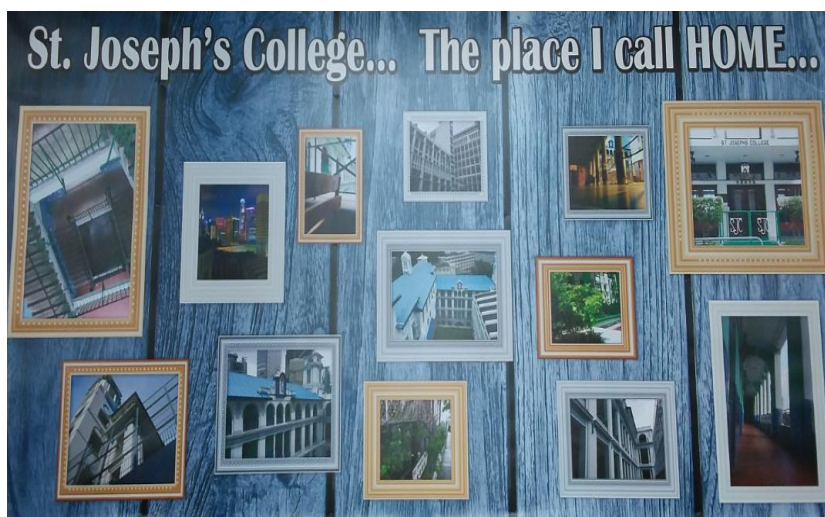
MY BADMINTON JOURNEY



How I got into playing badminton...

One summer afternoon (I was 14 then), I took a stroll after lunch and stepped into the badminton court in my high school 'to just take a look', hardly knowing that those few minutes would have significant impact on my adult life...

I was fascinated by the exciting games featuring very fast exchanges of accurate, strategically-placed shots and I fell in love with the sport immediately.



Winning Competitions !!!

Since then, I learnt under three masters in my school who happened to be top players in Hong Kong and I spent countless hours practicing and improving my skills. We won the Hong Kong Interschool Overall Championship Title in 1978. Since then, as I pursued my academic studies in Canada, I went on to win many tournaments in Fredericton, Quebec and Vancouver



My Attitude

In every game I play, I always try to improve myself and to have fun at the same time. I am very open to learning new techniques and I also enjoy introducing the game and providing coaching to junior players

Elephants can remember...?

As I gather my trophies along the journey, I always think back to my root – the badminton days in my high school (Saint Joseph's College, Hong Kong), and remind myself from time to time on how it all began...

