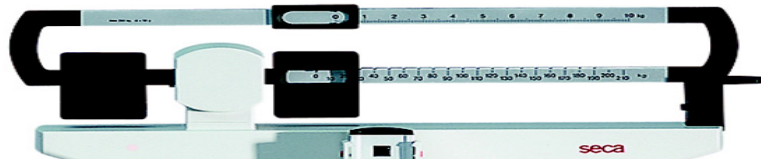


# Operation Weight Loss



Team Events begin Jan. 28, 2010  
6:30 p.m.  
at the  
Stillwater Family YMCA

## Benefits:

- Monitored Exercises
- Prizes
- Expert Nutritional Advice
- Guest Speakers
- Free Shirt!

Online Registration: Jan.2- Jan. 28

\$30 for Members  
\$45 for Non-members



YMCA

More information at: [stillwaterymca.org](http://stillwaterymca.org)