



Newsletter Fall 2009

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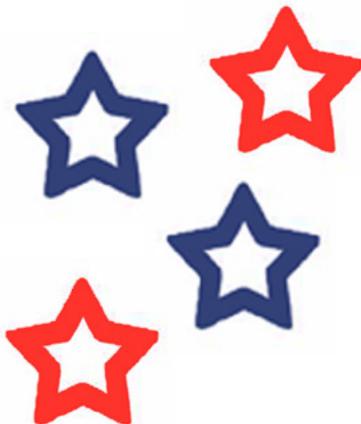
Pom Cheer Dance Fitness

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Kicking Off Our Dance Season!

We would like to welcome everyone to Star Spirit for the 2009-2010 dance season!!! Joe and I are very excited to kick this year off with our new and returning students! We have a great staff again this year with the experience that will best benefit our students. We have three new additions to this year's staff: Judy Spears, Katy Calder and Meaghan Roberts. All three instructors have either taken classes or taught here at Star Spirit and we expect great things from them.

We have made changes to our classes this year. All dance classes are now combination classes. We feel that combination classes will benefit our students by allowing them to excel in two dance genres that compliment each other. Also, our tumbling classes have been restructured.

Laura Hubbard has outlined the skill requirements for each class. This ensures that each student is in a class with others at the same skill level, which keeps them moving forward at a consistent pace.

This ensures that each student is in a class with others at the same skill level, which keeps them moving forward at a consistent pace.

We look forward to getting to know all of our students while watching them realize their individual potential as a dancer or cheerleader! All of your support and feedback is greatly appreciated! Once again, welcome to Star Spirit and we look forward to working with everyone!!!

Shannon and Joe
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☆ Cheer and Tumbling News ☆

Cheering Into a New Year

Our goal for the cheer program is to ensure that our students are taught appropriate cheer technique and a progression of skills that will carry them throughout their cheer career. We are offering four recital participating cheer classes and one technique class. All cheer classes participating in recital are taught by Amber Selvey, while the technique class is taught by Meaghan Roberts.

Mrs. Amber was a cheerleader at Perkins-Tryon Junior High and High School. She has been teaching cheerleading at Star Spirit since its establishment.

Miss Meaghan cheered at Spirit of Oklahoma, Carl Albert Junior High and High School in Midwest City, Okla. She has been an instructor at Star Spirit in the past and returns to us this year.

We hope to see great things out of our cheer program and can't wait to see our students improvement throughout the year!!!

Cheer Schedule

Monday:

Cheer Technique: 7:45-9 p.m.

Wednesday:

All-Star Cheer: 3:30-5 p.m.

1st to 5th Grade Cheer: 5-6 p.m.

Tiny Tot Cheer: 6-6:30 p.m.

Saturday:

Pee Wee Cheer: 11-11:45 a.m.

Tumbling Schedule

Tuesday

Intermediate 1: 5:30-6:30 p.m.

Intermediate 2: 6:30-7:30 p.m.

Advanced 1: 7:30-8:30 p.m.

Thursday:

Beginning 2: 5:30-6:30 p.m.

Advanced 2: 8-9 p.m.

Saturday:

Tumble Bugs: 9-10 a.m.

Beginning 1: 10-11 a.m.

Cheer Tumbling: 11:45-12:45 p.m.

Tumbling Into a New Structure

All tumbling classes have been restructured this year. Laura Hubbard has outlined the skills a student must have to participate in each tumbling class. We want to ensure that our students are in classes with others that are at the same skill level, allowing them to excel together. The new structure permits our students to move at a consistent pace along with their classmates.

Cheer tumbling is a new class this year. In this class, the students are taught power tumbling, which is common in cheerleading. They will learn to connect different skills, which better accommodates cheer routines.

Miss Laura and Mrs. Amber, who were gymnasts as children, teach our tumbling classes. They are always excited to pass on their knowledge of tumbling to our students.

Our goal for our tumbling program is to help our students maintain the skills they already have, while challenging them with new skills.

☆ Dance News ☆

Dancing Our Way Into a New Year

Here at Star Spirit we pride ourselves on providing a variety of dance classes; therefore, giving our students many options. We feel that there is a dance genre for everyone, we just have to find what that person's talent is. A great example of this is Raven Duran, who tried many different genres and found that hip-hop was her talent. Our goal is to find what genre best fits the talents of our students.

We have two new instructors this year: Mrs. Judy Spears and Miss Raven Duran. Mrs. Judy is teaching our young

ballet classes. She taught kindergarten for 30 years at



Perkins-Tryon Elementary School until her retirement in May. She has taken many adult classes at Star Spirit in the past

and is still participating. Mrs. Judy is a great addition to our staff.

Miss Raven has gone from student to instructor this year. She is now teaching our hip-hop classes. She not only qualified, but placed at nationals with her hip-hop solo last year. We are excited to welcome her to our staff.

To keep everyone up-to-date, we send out weekly e-mail updates, so check your e-mail every Monday! We are excited to begin working with everyone!!!

Philosophy

“Every person has at least one special talent that when discovered can unlock the world of possibilities. It's our job to provide an outlet for that talent to develop and to help each student understand the gifts they have to offer the world.”



Star Spirit Newsletter is published twice a year for our students and their families. Address all comments to: Meaghan Roberts at (405)630-7521 or meaghan.roberts@okstate.edu.

Recital Update

It is time once again to start thinking about recital costs. A \$30 non-refundable costume deposit is due for each student by Sunday, Nov. 1. The only exceptions to this are the following classes: boys-only, cheer technique, ballet technique, parent-tot, and any adult class. Payments will be accepted anytime during the month of October. You must fill out a payment slip and circle “costume fee” in order for that money to be put toward costumes.

Costumes WILL NOT be ordered for any student that has not paid the deposit. Each class will only have one costume, except for star power and dance company. Each costume will cost between \$55 to \$75, so please prepare for this cost.

We will take payments ahead of time for those that would like to pay early. Your balance must be paid in full no later than costume week and the costume will not be sent home if it is not paid for by then. Costumes will start to arrive in February and a notice will be sent home a week prior to them being passed out in class.



Dance Schedule

Studio A

Monday:

5th/6th Grade Hip-Hop: 3:30-4:15 p.m.
 3rd/4th Grade Hip-Hop: 4:15-5 p.m.
 1st/2nd Grade Hip-Hop: 5-5:30 p.m.
 Adult Hip-Hop: 5:30-6:15 p.m.

Tuesday:

Shining Stars Tap/Ballet: 5:30-6:15 p.m.
 Adult Beginner Jazz/Tap: 7-8 p.m.

Wednesday:

Parent-Tot Dance and Tumbling: 8:45-9:15 a.m.

Thursday:

Twinkling Stars Tap/Ballet: 5:30-6 p.m.
 Sparkling Stars Tap/Ballet: 6-6:30 p.m.
 6 to 8 year old Pom: 6:30-7:15 p.m.
 9 to 12 year old Pom: 7:15-8 p.m.



Studio B

Monday:

Boys Only Hip-Hop Ages 4 to 6: 3:30-4 p.m.
 Starbright Tap/Jazz: 4-5:30 p.m.
 7th grade & Up Hip-Hop: 5:30-6:15 p.m.
 Adult Intermediate Tap/Jazz: 6:15-7:15 p.m.
 Adult Advanced Tap: 7:15-7:45 p.m.

Tuesday:

Starbound Tap/Jazz: 3:30-4:30 p.m.
 Starbound Ballet: 4:30-5:30 p.m.
 Starlight Tap/Jazz: 5:30-6:30 p.m.
 Ballet Technique: 6:30-8 p.m.
 Adult Ballet: 8-9 p.m.

Wednesday:

Star Power Tap/Jazz: 3:30-5:30 p.m.
 Boys 7 & Up Tap/Hip-Hop: 5:30-6:15 p.m.

Thursday:

Rising Stars Tap/Ballet 3:30-4:30 p.m.
 Shooting Stars Tap/Jazz 4:30-5:30 p.m.
 Shooting Stars Ballet: 5:30-6:15 p.m.
 Advanced Ballet: 6:15- 7:45 p.m.

Friday:

Pointe: 3:30-5 p.m.
 Pre-Pointe: 5-6:30 p.m.

Star Spirit Apparel & Accessories

All orders that have been placed at Star Spirit Apparel & Accessories, through Amy Frank, will be in the store Wednesday, Oct. 21. There will no longer be set store hours, but you may make an appointment for any additional needs you may have. Amy is more than willing to meet with you at any time. She is at the studio regularly for classes, so she is available to meet with you at those times. You can contact her at (405)880-3032 or amy@starspiritstudio.com

