

A close-up photograph of a very muscular man's right arm, flexed to show the bicep and forearm. He is holding a Gardenburger, which is a veggie burger with a sesame seed bun, lettuce, tomato, cheese, and a dark brown veggie patty. The background is a soft, out-of-focus green field.

REAL MEN
EAT *Veggies.*

In just one Gardenburger you can receive your entire vegetable intake for the whole day. Vegetables build muscle with all-natural vitamins and minerals, so you can meatup with out the meat.

Gardenburger® *Nature,* **THE OTHER RED MEAT.**