

# Kid's Corner

What kind of hair do oceans have ?

Wavy !

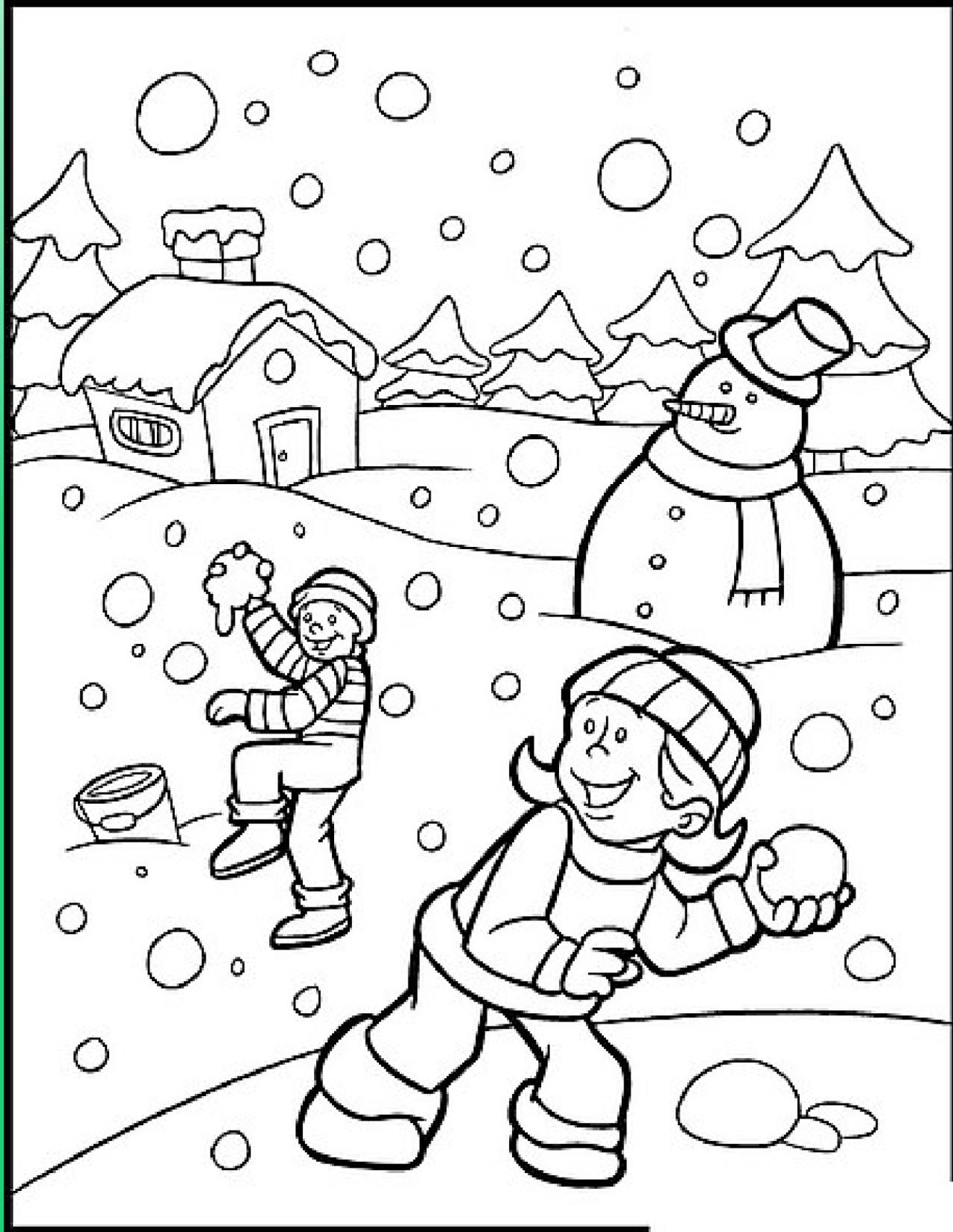
What runs but never walks ?

Water !

How do you make milk shake ?

Give it a good scare !

## Color Me!



# Cheryl's Story Time

## December Edition

### Free Days

Beginning Jan. 1, 2011, each family will be receiving all five of their free days for use throughout the year. Previously, full-time families were given their five free days on the anniversary of their start date. In order to simplify things, however, each family will be given five free days, to use in the event your child is sick or absent, to use throughout the entire calendar year. If you currently have free days remaining, they will roll-over and be added to the additional five days received on the first of the year. If you have questions, or are wondering how many free days your child has left, please feel free to ask me.

### It's Party Time!

It's not just the holiday season, it's also party season. This year, we will be having our annual Christmas party at 2 PM, Wed. Dec. 22. Activities will include cookie decorating and a gift exchange. If you choose to participate, each child will draw a name and bring a \$10 gift for that child. All children and parents are invited to attend.

Our last party, the annual Halloween party, was a great success. Each child dressed up in their costumes and played games such as musical chairs. The children also painted pumpkins and were given a trick-or-treat bag. For a snack, the children got a "graveyard dessert" filled with Oreo Cookie dirt and gummy worms! Thanks to all the parents who contributed to the kids' treat bags.



## December Birthdays

10th- Gramma Lucy

## Recipe Corner



### Christmas treats

From Brittany Mathews

**Recipe: Buffalo Chicken Dip** *Makes: 8*

- 8 oz Cream Cheese**
- 1 cup Blue Cheese Dressing**
- 1 ½ cup Buffalo or Hot Sauce**
- 2 ½ cup Cooked Chicken**
- 2 cups Sour Cream**

**Mix all ingredients in a bowl. This dip may be served hot or cold. Serve with tortilla chips.**

## Toys for Tots

With the holidays fast approaching it is once again time for our annual service project. This year, I have chosen to collect gifts for “Toys for Tots,” an annual gift drive which collects gifts for less fortunate children. I am currently collecting gifts, and if you would like to participate, please select an ornament with a designated gift on it. Please send the gift, unwrapped with your child to daycare no later than Mon. Dec. 6. We will be delivering the gifts 5 PM Tues. Dec. 7. The goal is for all children and parents to attend, but if you are unable to attend, please let me know. If the weather is uncooperative, the drop off will be re-scheduled for 5 PM Thur. Dec. 9. Thank you in advance for your support with this service project.



## Don't Forget Your Flu Shots!

As we all know, winter blows in more than just cold air and snow; it also brings in the flu virus. While it is not required, it is suggested that all children, and their parents, receive a flu shot. Unlike last year, only one vaccine is needed to protect us from the seasonal flu and H1N1. However, if this is your child's first time receiving the vaccine, s/he will need two doses, four weeks apart. The CDC does recommend that everyone age six months and older receive the flu vaccine, and flu.gov states that vaccination is the best protection against the flu.

Each year, according to flu.gov, five to 20 percent of the population becomes ill with the flu. Symptoms may include fever, chills, and coughing, sore throat and fatigue, amongst others. If you believe your child may be sick with the flu, please keep your child home for at least 24 hours. We all need to work together to keep all of our kids safe and healthy during this flu season.

Take these everyday steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. You can also use an alcohol-based hand cleaner.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- Stay home if you are sick until at least 24 hours after you no longer have a fever (100°F or 37.8°C) or signs of a fever (without the use of a fever-reducing medicine, such as Tylenol®).
- While sick, limit contact with others as much as possible to keep from infecting them.

(www.flu.gov)

## December 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Closed	4
5	6 Toys For Tots gifts due	7 Delivering Gifts 5PM	8	9	10 Gramma Lucy's B-day!	11
12	13	14	15	16	17	18
19	20	21	22 School Out 11:30 X-Mas Party	23 Closed	24 Happy Holidays!	25
26	27 Closed	28 Closed	29 Closed	30 Closed	31 Closed	