



Selected Competencies

Standards and Guidelines for Career Development Practitioners: Core Competencies

Below is a select list of competencies I have demonstrated and am able to provide the documented evidence, as displayed in my eportfolio.

Competency	Demonstration	Evidence	On Hand
C1 Professional Behaviour			
<ul style="list-style-type: none"> C1.2 Demonstrate a commitment to professional development 	<ul style="list-style-type: none"> Currently enrolled in the CDP program Completion of other relevant education that lead to Career Development 	<ul style="list-style-type: none"> Snapshot of current marks and enrollment for CDP BA from WLU Life Coach from CLI TESL from Oxford Seminars 	YES: All documents are presented in this eportfolio
C2 Interpersonal Competence			
<ul style="list-style-type: none"> C2.2.3 Use a framework for written communication 	<ul style="list-style-type: none"> Featured blogger for www.contactpoint.ca; following a specific format and focus for topics 	<ul style="list-style-type: none"> Posts available on www.contactpoint.ca 	YES: Appropriate link is provided
<ul style="list-style-type: none"> C2.2.4 Use effective listening skills 	<ul style="list-style-type: none"> Interview community members on events and activities for community newspapers articles; wrote accurate articles to report the facts but also to capture the emotions and meaning 	<ul style="list-style-type: none"> Selected articles on community members 	YES: Appropriate links are provided to the articles that were published both in the newspaper and online
C4 Needs Assessment and Referral			
C4.1.1 Respond to clients needs	<ul style="list-style-type: none"> Recommendation from client noting my knowledge and communication skills Counsel client on career development, but still offer a sympathetic ear as the client has been working through the job loss cycle, which she notes has helped her progress forward 	<ul style="list-style-type: none"> Recommendation made via LinkedIn from a client Letter of reference from client provided in hard copy 	YES: recommendation and reference letter are incorporated with recommendations from colleagues and classmate