Personal Statement: Care

During college I worked as a residential counselor at a long-term care facility. It was there when I realized I wanted to care for people and improve their quality of life. As a residential counselor I was limited to the amount of care I could provide. It was more as if I was an observer that could lend a hand. I could aid in activities of daily living or assist with therapies but I wanted to be able see the person as a whole and create plans to reach goals that better her life. It takes particular individuals to provide care that a nurse does. It is imperative to have characteristics of compassion, empathy and patience. Nurses need to be resourceful and quick-thinking. Care is more than putting yourself in the room. It is listening, displaying genuine concern, communicating and creating a plan to reach an ideal outcome.