

Cyberbullying Outline

I. Definition of Cyberbullying

- A. “‘Cyberbullying’ is when a child, preteen or teen is tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child, preteen or teen using the Internet, interactive and digital technologies or mobile phones.”
(<http://www.stopcyberbullying.org/>)
- B. Cyberbullying is only between minors as adults are involved it is cyber-harassment or cyberstalking. “The methods used are limited only by the child’s imagination and access to technology. ... Cyberbullying is usually not a one time communication unless it involves a death threat. ... Cyberbullying may arise to the level of a misdemeanor cyberharassment charge, or ... juvenile delinquency.”
(<http://www.stopcyberbullying.org/>)

II. Statistics on Cyberbullying

Some statistics from Wikipedia on cyberbullying: Study in the U.S. in 2005 of 1500 students found: 16% admitted to cyberbullying others; 12% of the victims felt physically threatened; 5% were scared for their safety; less than 15% of victims told an adult about the incident. Another survey in 2004 found: 42% of kids have been bullied online, 25% more than once; 35% of kids have been threatened online, almost 20% more than once; 21% of kids received mean or threatening e-mails or messages; 58% of kids admit someone has said mean or hurtful things to them, 40% more than once; 58% of kids have not told a parent or an adult something mean or hurtful that has happened to them.

III. Laws on Cyberbullying

- A. Wisconsin Laws (<http://www.legis.state.wi.us/statutes/Stat0947.pdf>)
- B. Laws for most of the other states
(<http://www.ncsl.org/programs/lis/cip/stalk99.htm>)
- C. Resource on legal information to help schools come up with an effective policy for cyberbullying (http://www.cyberbullying.us/cyberbullying_legal_issues.pdf)

IV. Prevention and Intervention Strategies

A. For Parents

<http://www.stopcyberbullying.org/parents/index.html>

<http://www.netsmartz.org/netparents.htm>

<http://new.csriu.org/cyberbully/>

-Parent guide to cyberbullying:

<http://new.csriu.org/cyberbully/docs/cbctparents.pdf>

-Good prevention and intervention advice on this website:

<http://www.mysecurecyberspace.com/encyclopedia/index/cyberbullying.html>

-Internet use contract between parents and kids

http://www.cyberbullying.us/cyberbullying_internet_use_contract.pdf

-Script to promote dialogue between parents and kids

http://www.cyberbullying.us/cyberbullying_scripts.pdf

-Taking screenshots to preserve evidence of cyberbullying

http://www.cyberbullying.us/making_cyberbullying_screenshots.pdf

-How to send harassing emails to investigators

http://www.cyberbullying.us/viewing_cyberbullying_email_headers.pdf

B. For teachers and schools

<http://www.stopcyberbullying.org/educators/index.html>

<http://www.netsmartz.org/educators.htm>

<http://new.csriu.org/cyberbully/>

<http://www.digizen.org/cyberbullying/fullguidance/>

<http://new.csriu.org/cyberbully/docs/cbcteducator.pdf>

C. General prevention and intervention strategies

-Great internet site on preventing cyberbullying: <http://www.cyberbully411.org/>

-Good internet site on prevention/lesson plans/family activities/worksheet/resources that is good for family and schools:

<http://www.mindoh.com/Cyberbullying.aspx>

-What adults can do about cyberbullying website:

<http://stopbullyingnow.hrsa.gov/adult/indexAdult.asp?Area=cyberbullying>

- Some general information and prevention techniques:
<http://www.isafe.org/imgs/pdf/education/CyberBullying.pdf>
- A different way to get the message to kids, the superhero way:
<http://www.internetsuperheroes.org/cyberbullying/>
- Cyberbullying warning signs
http://www.cyberbullying.us/cyberbullying_warning_signs.pdf
- Strategies for kids to stay safe online
http://www.cyberbullying.us/safe_responsible_social_networking.pdf
- How to send harassing emails to investigators
http://www.cyberbullying.us/viewing_cyberbullying_email_headers.pdf

V. Other Resources regarding Cyberbullying

- Great film on cyberbullying, from England:
<http://www.digizen.org/cyberbullying/fullFilm.aspx>
- Resource guide/manual for teachers regarding cyberbullying that goes with the above listed film, it includes lesson plans:
<http://www.digizen.org/downloads/Let'sFightItTogether-guide.pdf>
- Common text message/chat room abbreviations:
http://www.cyberbullying.us/cyberbullying_chat_abbreviations.pdf
- Cyberbullying crossword puzzle:
http://www.cyberbullying.us/cyberbullying_crossword.pdf
- Cyberbullying wordfind:
http://www.cyberbullying.us/cyberbullying_word_find.pdf
- Cyberbullying research on emotional and psychological consequences
http://www.cyberbullying.us/cyberbullying_emotional_consequences.pdf
- Victimization of adolescent girls through cyberbullying
http://www.cyberbullying.us/cyberbullying_girls_victimization.pdf
- Cyberbullying fact sheet
http://www.cyberbullying.us/cyberbullying_fact_sheet.pdf
- Research on MySpace and Cyberbullying:
http://www.cyberbullying.us/myspace_youth_research.pdf

-Frequently asked questions to the researchers of cyberbullying:
http://www.cyberbullying.us/cyberbullying_soundbytes.pdf

-Information from Wikipedia including more information and links
<http://en.wikipedia.org/wiki/Cyber-bullying>

-Research on cyberbullying: <http://www.cyberbullying.us/research.php>

-Other cyberbullying links: <http://www.cyberbullying.us/links.php>

-Flash presentation on what is cyberbullying:
<http://www.stopcyberbullying.org/flash/whatiscyberbullying.html>

-Videos from YouTube about tragic results of cyberbullying:
<http://www.youtube.com/watch?v=XyvCEGkroT4&NR=1>
<http://www.youtube.com/watch?v=YxKYU3SIDhI&feature=related>

-A book on cyberbullying:
<http://new.csriu.org/cyberbully/cbbook.php>

-Good general all purpose websites on cyberbullying:
<http://www.stopcyberbullying.org/>
<http://www.cyberbullying.us/index.php>
<http://www.cyberbully411.org/>
<http://www.netsmartz.org/resources/reallife.htm>