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April 3, 2012

Every 10 seconds, a report of child abuse is made. About 30 percent of abused and neglected children will later abuse their own children, continuing the horrible cycle of abuse.

Child Abuse Services and Trust is committed to helping, preventing and promoting child abuse for those children who have had a tragic, unfair upbringing. Through advocacy, safe sheltering, counseling and sponsorship events, CAST strives to reach and comfort as many child abuse victims as possible.

CAST takes pride in a professional, confidential, caring staff that is dedicated to helping abused children. All of the raised and donated money given to CAST goes to promotional materials and equipment, CAST's facilities and employees and, most importantly, providing child abuse victims' with their needs.

CAST has been successful in helping several children who have been abused. Unfortunately, there are many more children who need CAST's help. One little boy, Brett Turner, was found curled in a ball, hiding in the closet from his father. Today, he is living happily with another family who loves and appreciates him. He still makes regular visits to the CAST agency. Only through CAST's donations and sponsorships was this possible.

CAST's next sponsorship event is Day at the Lake. The purpose of this event is to raise awareness of child abuse, raise money for CAST's programs and allow victims' to enjoy a fun, carefree day outdoors with supportive, caring sponsors and volunteers.

Day at the Lake is on April 19 from 10 a.m. to 6 p.m. at Lake Travis in Austin, Texas. Cost is free to attend. However, sponsorships and donations are greatly appreciated. Fishing and biking gear is provided. Participants can also swim and hike for free.

You always here the saying "stand up and speak up for an abused child." This is your chance. Take that stand and become a sponsor for an abused child today. Join CAST in healing abuse victims' lives, one heart at a time. Register for Day at the Lake at www.CAST.org.