Do you ever find yourself saying, "Why can't we just get along" or "If I only knew what he/she expected of me"? Ever been part of a group where everyone wanted to be in charge? Or no one would take charge? We face these interpersonal challenges on a daily basis. Friends, families, schoolmates, co-workers all struggle at times to communicate effectively and try to understand one another.

The Challenge Course here at Lutherwood was designed specifically for groups wanting to grow together as a team and learn from one another. Allow us to help facilitate your group as we put you up against different challenges to encourage teamwork, communication, and leadership development. Become a stronger team as you challenge yourself and others 40 feet in the air on our high challenge course. Whatever the need of your group we will tailor your experience to meet those!

"I just wanted to follow up and say thanks so much for having the Upfront Players out the ropes course on Sunday. It was so much fun and everyone totally loved it!" -Galen





Lutherwood Camp and Retreat Center

Ph: 360-734-7652 Fax: 360-734-7682

Email: program@camplutherwood.org
Web: www.camplutherwood.org

Nichol Ellis-Program Director



Course Costs

"The challenge course was the highlight of my son's camp experience!"

	Activity	Course Time	Participants	Included	Cost
	Low Course	4 Hours	Minimum: 10	Low Elements & Debriefing	\$30 per person Min: \$300
	High Course	4 Hours	Minimum: 10	High Elements & Debriefing	\$40 per person Min: \$400
	Comprehensive Weekend	Friday — Sunday	Minimum: 15	2 Nights Lodging, 4 Meals, Meeting Space, & 6 Hours of Elements	\$115 per person Min: \$1725
	Zip Line	2 Hours	Minimum: 12	Zip line	\$15 per person Min: \$180

What you can gain:

- LeaderSHip SKILLS
- Better COMMUNICATION
- CHallenge yourself
- Teamwork
- See others in a New Light
- Skills and experiences to bring home and draw from







Low Course Experience could include:

- Portable initiatives
- Baker walk of friends
- Whale watch
- Quad jam
- Web of frustration
- The wall
- Bridges out
- Spiders web
- Nitro Crossing
- Kings finger
- All aboard

High Course Experience could include:

- Hub and spoke (15 climbers at once)
- 40 foot climbing tower (4 climbers at once)
- Vertical Playpen (3 climbers at once)
- Zip line

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