Kerry Barbera



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**Objective:**

To obtain a position as a registered dietician that would utilize my background in physical therapy for continuation of professional growth.

**Qualifications Summary:**

* More than thirteen years as a practicing physical therapist assistant with diverse work experience in the in-patient hospital, out patient, skilled nursing facilities and home health settings.
* Extensive knowledge of principles, methods, and procedures for treatment and rehabilitation of physical and mental impairments, pain management and pre and post surgical care.
* Excellent communication skills and ability to interact in a professional manner with patients, families and medical personnel.
* Exceptional teaching and motivational skills in instructing patients and families in home exercise programs and safety issues in home with functional activities of daily living.

**Education**

**University of Alabama** Tuscaloosa, Alabama Anticipated graduation Fall 2014

Food and Nutrition Major

**Bachelor of Science in Human Environmental Services**

GPA:3.27/4.0

**Lynn University** Boca Raton, Florida 1997

Physical Therapist Assistant Program

**Associate of Science**

GPA: 4.0 Major GPA: 4.0. Academic Honors, Honor Society and President's Honor Society

**Experience**

Gentiva Home Heath Care June 2006 to October 2010

**Physical Therapist Assistant**

Charlotte, North Carolina

* Provided excellent and compassionate clinical care to the geriatric population with diverse health problems including heart disease, diabetes, balance disorders, stroke and orthopedic injuries including joint replacements in the home health setting.
* Member of the cardiac program. Responsibilities included monitoring patient’s vital signs during treatment and instructing patients and families in the use of high tech cardiac monitoring equipment.
* Member of Gentiva’s safe stride balance program. Responsibilities included monitoring patient’s symptoms and response to treatment while stimulating their vestibular system through various balance activities.
* Instructed patients and families in home exercise programs and safety issues in their homes to facilitate the healing process and maximize independence in activities of daily living.
* Participated in interdisciplinary rounds, reported patients response to treatment and progress to the clinical team to ensure effective and excellent care coordination through a multidisciplinary team approach.

Orthopedic and Joint Replacement Center April 2005 to 2006

**Physical Therapist Assistant**

Tamarac, Florida

* Instructed, motivated and treated the geriatric population with spinal, cervical, gait and balance dysfunctions, and orthopedic injuries including joint replacements in the outpatient setting.
* Administered active and passive manual exercises, therapeutic massage, modalities, core strengthening, therapeutic exercises and osteoporosis prevention. Measure patient’s range of motion, monitored their response to treatment and progress toward goals.
* Additional responsibilities included initiating, organizing and running the Aquatic therapy program, coordinated the daily schedule, monthly recertification and writing of educational handouts.

Segal-Witt Physical Therapy January to February 2002

**Physical Therapist Assistant**

Delray Beach, Florida

* Continued to gain knowledge in the outpatient setting as a member of a pain management team treating the geriatric population with cervical and spinal disorders; vestibular, balance and gait dysfunction; and orthopedic injuries in the outpatient setting.
* Gained first hand knowledge and experience with the vestibular patient while honing my myofascial and soft tissue massage techniques.
* Additional responsibilities included monthly recertification, writing of home exercise programs and patient educational handouts.

One to One Physical Therapy

**Physical Therapist Assistant**

Delray Beach, Florida

* Member of a pain management team treating the geriatric population with cervical and spinal disorders; balance and gait dysfunction; and orthopedic injuries in the outpatient setting.
* Gained knowledge and experience in the outpatient field and with myofascial release and soft tissue massage techniques.
* Additional responsibilities included coordinating the daily schedule, instructing patients in home exercise programs and monthly recertification.

Health South Rehabilitation Hospital January 1997 to January 2001

**Physical Therapist Assistant**

Sunrise, Florida

* Obtained experience in the clinical patient care and coordination of an interdisciplinary team approach in the inpatient hospital setting.
* Rotated through the brain injury, spinal cord, pediatrics and general gyms. Acquired exceptional knowledge in the coordinated treatment of the neurologically involved brain injured patients, spinal cord injured patients, stroke rehabilitation, amputees, burn patients and the pediatric population.
* Additional responsibilities included employee education co-leader, injury prevention team, employee back injury prevention team and member of the aquatic therapy program.

**Certifications and Licenses**

North Carolina Physical Therapist Assistant License

American Heart Association certification in BLS, first aid, adult and infant CPR and AED.

**Memberships**

Student member of the Academy of Nutrition and Dietetics

Student member of Vegetarian Nutrition Dietetic Practice Group

Student Member of Dieticians in Integrative medicine Dietetic Practice Group

Active student member of Charlotte Dietetic Association

Active student member of North Carolina Vegetarian Dietetic Practice Group

Thirteen years experience working in healthcare settings including rehabilitation hospitals, outpatient settings, nursing home and assisted living facilities.

Great communication skills with the ability to interact in a professional manner with patients and their families.

Skilled in performing appropriate treatment plans for diverse population. Diseases and post surgeries.

Knowledge of principles, methods, procedures for treating and understanding diverse diagnoses

Instructing and educating patients in their diagnosis and implementing appropriate therapy exercises and home programs

following doctors protocols.

**Skills and Accomplishments**

* Diverse work experience as a physical therapist assistant including stroke rehabilitation, balance disorders, amputees, orthopedic injuries and joint replacements including total and partial knee replacement total, pain management, pediatrics, brain and spinal cord injuries. In the inpatient hospital, outpatient, skilled nursing facilities and the home health settings.
* Developed Aquatic program for Orthopedic and Joint replacement Center.
* Member of the back training program, which involved training newly, hired employees in proper body mechanics.
* Member of the injury prevention team, providing middle school children training in the importance of water, seatbelt and helmet safety.
* Co-leader of the employee education program.
* Member of Gentiva's safe stride balance and cardiac programs

**Qualifications Summary:**

* More than thirteen years experience as a physical therapist with a diverse work experience in the in-patient hospital, out patient, skilled nursing facilities and home health settings.
* Extensive knowledge of principles, methods, and procedures for treatment and rehabilitation of physical and mental impairments, pre and post surgical, …elaborate
* Excellent communication skills and ability to interact in a professional manner with patients, families and medical personnel.
* Exceptional teaching and motivational skills instructing patients and families in home exercise programs and safety issues in home with functional activities and transfers?

**Objective:**

To obtain a challenging position as a registered dietician that would incorporate my background in physical therapy, encorporating my background in physical therapy to skills in physical therapy to…..