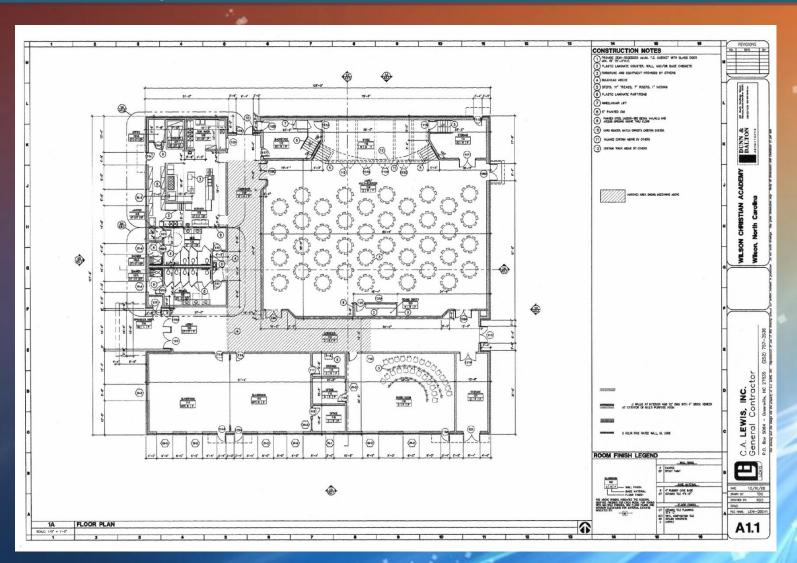
# Portfolio of Work Teresa Castelloe

Typical Plan using AutoCAD. The architect or designer would sketch out a preliminary plan and give it to me to draw in AutoCAD. I would make sure to draw it to code set by NC Building Codes. For example, depending on the square footage of the building will determine how many toilet stalls needed. And the stalls have specific measurements you have to draw them by. I would also add the notes, door numbers, dimensions, etc.



This is a sign that I designed for Coastal Carolina Health Care in New Bern, a project when working in architecture. I did the rendering of the building using Sketch-up and designed the sign using Photoshop. I had to provide correct image size to a sign shop for printing. The sign was displayed in front of the building as it was being constructed.

### Coming Soon....



### **CCHC MEDICAL COMPLEX:**



New Bern Cancer Center
New Bern Family Practice
Urgent Care
Sleep Disorders Center
Administration and Central Billing



These are 3D renderings I created using Sketch-up for Coastal Carolina Health Care in New Bern.



This is another 3D rendering I created using Sketch-up and Photoshop.



This is a rendering I created using Photoshop. You can import an AutoCad drawing into Photoshop and then import pictures of brick samples and sky or add colors. This was used for a presentation board to be shown to the clients.









CCHC MEDICAL COMPLEX
OPTION 2





This is a project I did while working in architecture. The building is Mother Earth Brewery in Kinston. The picture on the left is a photo of the original building and below is a rendering I did using Sketch-Up and Photoshop.

Before Photo



Rendering showing finished renovation of building

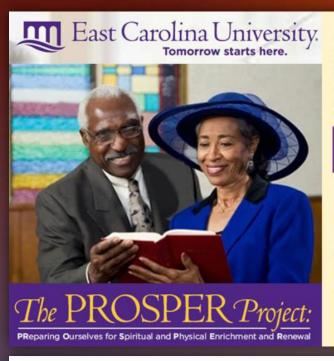
These are signs that were made using my renderings. I did not design the signs, I only did the renderings of the buildings and scaled them to the correct size specified.



Located at the intersection of Moye Blvd. and W. 5<sup>th</sup> St.



Located on Firetower Rd.



Purpose of the Study As part of the Brody School of Medicine at East Carolina University, the Department of Public Health is conducting a faith-based diabetes initiative called PROSPER.

## Connecting Faith With Health

#### Inclusion Criteria

- · Are you over the age of 18?
- Do you have a family history of diabetes and/or heart disease?
- Do you currently live in Edgecombe, Duplin, or Lenoir counties?
- Would you like to learn more about ways to prevent and manage diabetes?

#### Your Role

We are committed to supporting you and providing resources to improve your health. Program participants make a commitment to the following:

- · Attend an enrollment session
- Take a survey at the beginning and end of the program
- Attend three, one-hour group sessions a month

#### Weekly Educational Sessions

A major component of the PROSPER project is the weekly sessions taught by trained lay health advisors, supporting your goal to achieving better health. These faith-based sessions provide participants with:

- Structured 15-minute exercise segments
- Diabetes, heart disease, and nutrition Education
- Blood pressure and weight measurements
- · Social support network

#### Benefits of Participating

Participants will receive the following:

- Important health information and techniques for preventing and managing heart disease and diabetes.
- Increased social support.
- Continuous monitoring by lay health advisor through weekly phone calls.
- Assistance accessing medical resources in your community.

#### For More Information:

N. Ruth Little, MPH

Project Director

Constance Foushee, MPH

Project Coordinator

Leisha Hibbett, MPH Research Specialist

Phone: 252-744-5185

Funding for the PROSPER project is provided by the Kate B. Reynolds Charitable Trust and the Health and Wellness Trust Fund. University Publications made a flyer for Department of Public Health's PROSPER Project. I designed a 5 x 7 postcard to be inserted into church bulletins. I searched the internet for an appropriate picture then edited using Photoshop.



bld040650 fotosearch.com

Photo Before I edited: I used Photoshop to take out the crossed out X and "FOTOSEARCH" in the middle of the picture.

These are Grand Rounds posters that I made for Department of Public Health. I had to size them for 24x36 posters and 8.5x11 flyers. I chose the pictures and cropped, positioned, and sized.

# Department of Public Health Grand Rounds

"When Science Meets Journalism"



October 26, 2010 5:30-6:30 pm Brody Auditorium

Kate McMahon
Producer
Documentary/News

#### Objectives:

- To describe what scientists and journalists can do to distill truth from misinformation spread by citizen journalists on the internet.
- To describe how scientists can work with journalists who are reporting on science.
- To describe how scientists can prepare for journalists' questions about a research study.

Provided By:
Brody School of Medicine - Department of Public Health
and the East Carolina University School of Communication
For more information contact:

Dr. Justin Moore 252-744-4039 moorej@ecu.edu

### Department of Public Health Grand Rounds

"Establishing Our Mission: An Assessment of CDC's Medical Colleges and Universities Roundtable"



November 11, 2010 5:30-6:30 pm Health Sciences Rm. 1410

Eric J. Bailey, Ph.D., M.P.H.
Professor and Director
Ethnic and Rural Health Disparities
Graduate Certificate Online Program

#### Objectives:

- To describe the development of strategies to introduce public health into the medical curriculum.
- To outline methods for addressing health disparities and workforce diversity.
- To describe the goals of health reform and the role of medical schools.

Provided By:
Brody School of Medicine - Department of Public Health
For more information contact:
Dr. Justin Moore
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