

Unlimited Summertime Fun!

Summer is finally here which, means it's time to get the kids outdoors to have some fun! People seem to think there aren't many activities for children with a disability to participate in during the summertime. But with all the free time available during the summer it's important to fill it with something other than the TV and video games. Luckily, there are great camps in the area for children with disabilities to enjoy and participate in. And why should kids have all the fun? There are also adapted recreation programs for adults with disabilities as well. One camp located north of Columbus in Ashley, OH is Recreation Unlimited.

Recreation Unlimited is an organization dedicated to providing adapted recreation programs for people with disabilities. These programs help build self-confidence, help to provide a safe environment for socializing, and promote positive attitudes toward themselves and other campers. And since the summertime is for enjoying the sunshine and beautiful weather, Recreation Unlimited offers a variety of adapted activities to enjoy outside. Some of these include, swimming, fishing, sports, nature exploration, and dancing. They also have campfires during each camp for campers to make s'mores and relax after a long day of activities.

There is also the Paddy Rossbach youth camp in Clarksville, OH. This camp is primarily for those with limb difference or amputees. It is a traditional five day summer camp for children ages 10-17. There are fun adapted outdoor activities designed to challenge participants and help build self-confidence. The campers are not accompanied by parents which, allows campers to make independent decisions and create new friendships in a safe environment.

As you can see, there are many options for your child this summer and many ways to keep your child active. It is important for a person with a disability to stay active and to socialize with others. One of these camps may be a great way to get your child out of the house and somewhere enjoying the beautiful summertime weather.

If you or a family member wants to sign up for one of the Recreation Unlimited camps, then visit <http://www.recreationunlimited.org/campsandprograms.html> For the Paddy Rossbach youth camp please visit , <http://www.amputee-coalition.org/events-programs/youth-camp/>