What Do Otolaryngologists Do?

Suzanne Cleland-Zamudio, MD, focuses her medical attention on ENT—ear, nose, and throat, also known as [otolaryngology](http://en.wikipedia.org/wiki/Otolaryngology). At Portland Ear, Nose, and Throat Specialists, Dr. Suzanne Cleland-Zamudio treats patients with a variety of ailments, such as sinusitis, sleep apnea, and cancers of the head and neck.

Members of the oldest specialty in the nation, otolaryngologists have up to 15 years of training: four years of college, four years of medical school, and a minimum five years of specialty training. After that, ENT doctors must complete an examination from the American College of Otolaryngology. Some also spend one or two years preparing for a subspecialty. Unlike many physicians, they are trained in both medicine and surgery.

An example of the complexity of ENT-treated conditions is the allergy subspecialty, which includes hay fever, rhinitis, laryngitis, and sore throat. Alternately, diagnosis of a sore throat can lead one to a laryngologist, who manages problems in the throat, such as difficulty swallowing, tumors, and infections.