Fitting a Hockey Helmet

By Joseph Silva East Providence

A medical sales manager by profession, Joseph Silva of East Providence, Rhode Island, enjoys playing [ice hockey](http://en.wikipedia.org/wiki/Ice_hockey), golfing, making wine in his cellar, and traveling in his free time. During Joseph Silva's four years of undergraduate study at Roger Williams University, he competed on the men's varsity hockey team.

Joseph's love of wine making was inspired by his grandfather, Joseph A Silva Sr. who passed on August 29th, 2010. It was very common at each Sunday family gathering for his grandfather, "papa" to have a glass of wine and to share with all those around the table. On one of those Sundays, and shortly after papa's quadruple bipass surgery, Joseph recalls papa drinking from what appeared to be a fish bowl filled with wine. In a rather startled manner Joseph quickly asked, "Papa what's going on with all that wine, you just had surgery?" when papa wittily replied while preparing to take a two-handed gulp, "Joe the Doctor said only one glass a day!". With wine being a staple and something that was never homemade, Joseph decided to carry out a loving legacy, and often times will feature his homemade bottles with, "Here's to your one glass a day" for all to enjoy.