The Dream and Its Amplification by Nancy Furlotti

The dream is a little hidden door in the innermost and most secret recesses of the soul, opening into that cosmic night which was psyche long before there was any ego-consciousness, and which will remain psyche no matter how far out ego-consciousness extends.  
—C. G. Jung  
  
Nancy Swift Furlotti is a Jungian analyst in private practice in Los Angeles and Carpinteria, CA. She serves as a faculty member and previous board president at the C. G. Jung Institute. As co-president of the board of directors at the Philemon Foundation, she oversaw the publication of Jung’s Red Book, and through her work with the [National Board of the Archive for Research in Archetypal Symbolism](http://en.wikipedia.org/wiki/Archive_for_Research_in_Archetypal_Symbolism‎) (ARAS), she helped to publish The Book of Symbols. In 2012, Nancy Furlotti, in conjunction with the Asheville Jung Center, presented a web seminar on the significance of the believed (by some people) end of the world on December 21.  
  
Earlier this summer, Fisher King Press announced the release of, The Dream and Its Amplification, co-edited by Nancy Swift Furlotti and Erel Shalit. It is a collection of 14 chapters written by the world’s leading Jungian Analysts on how they work with dreams that will be of interest to scholars and casual dreamers alike. The introduction, co-written by Nancy Swift Furlotti and Erel Shalit, offers an easy to understand guide to the whys and hows of dreaming and dream work. The book itself has been described by one reviewer as "The portable Jung of 2013". Along with an in depth explanation of working with dreams, it clarifies many of the Jungian concepts. It lays a most helpful foundation for reading further books on Jung.   
  
"The deeper layers within us speak to us nightly through dreams. Whether we remember our dreams or not, they affect us...  
  
Constantly at work, the psyche brings forth that which is positive and creative, as well as all that is negative and destructive in the depth of our soul. The psyche may guide us or lead us astray; it behooves us to consciously take part in determining which direction we are led. We participate by attempting to understand the meaning of our dreams and by discerning the inner voices that speak to us to distinguish between the inner figures of wisdom and the ghosts behind our complexes.  
In this book we focus on the amplification method that Jung developed to uncover the meaning of the dream, a procedure that reflects his approach to the psyche and the understanding of dreams. Amplification of images from the objective layer of the psyche is important if one is to achieve a more complete picture and meaning of a dream, in conjunction with the personal experience and associations."  
  
To listen to an interview of Nancy Swift Furlotti discuss her new book, go to [ShrinkRapRadio.com](http://ShrinkRapRadio.com).  
  
The book is available at all bookstores and directly from Fisher King Press.