Reflection essay

Although my internship course was different than most peoples because I did it threw my work I still learned a lot about myself and knowledge that I can use for the rest of my life. I’ve learned what it feels like to work a 60 hour week and have to balance school with that, I’ve learned how to set and frame trusses onto a building. I’ve learned how to properly lay out a wall and cut and frame it all off the plans. So I have a lot of positive things that I have learned and retained for working everyday with Pro Worx Contracting. I love my job and the guys I work with. It is a good atmosphere to learn and to have fun and work.