*For Immediate Release*

**March Break at the Kemptville Youth Centre**

 **Tuesday, March 4, 2014**Kemptville, ON

Come out to Kemptville Youth Centre (KYC) this March Break, March 10th to the 15th from noon to 6pm for a week full of great fun and games.

Mackenzie, a social service worker student at KYC commented, “March Break is going to be a week filled with exciting activities from trying gross foods to our fun-filled field trip. March Break is sure to keep all youth entertained and busy!”

It all starts off Monday with PJ Day. Youth can come in their pajamas for a relaxing day of fun. They will get a chance to participate in activities like spa day where youth can get their nails painted and have facials. Then, there is capture the flag, human chess, yoga, charades, Wii games, and more.

Tuesday is Survivor Meets Fear Factor. Come out to test your skills and senses. It will all start off with a food challenge with youth guessing what the foods are. Then, there is the endurance balance test where KYC tests your balance till there is only one person left standing. The day continues with a treasure hunt and obstacle course.

Wednesday is Funhaven, a family entertainment destination with interactive attractions and events for all ages. Don’t miss out on the climbing wall, laser activities, mini bowling, typhoon, bumper cars, and many video games. A special thanks to Kemptville Transportation who generously donated the transportation to and from Funhaven.

Thursday is Master Chef Day where youth teams compete in a culinary battle. Youth have a limited amount of time to shop for their food with a budget limit and prepare it before the judges decide who the KYC Master Chef will be.

Finishing off the week Friday is the mini Olympics - KYC style! That means events like floor hockey, ping pong, darts, paper plane building, and a triathlon obstacle course. Come join a team, pick your country and try for gold.

“March Break at KYC is always an awesome time. There are great activities and fun people to hang out with. My favorite event of the week would have to be Master Chef because it’s always a great time.” commented Sid, a youth at KYC.

If you would like to sponsor one of these events or join the fun at KYC for any of these or other events, please contact Robin at 613-258-5212 for more information.

**About the Kemptville Youth Centre**

All of the regular programs at the Kemptville Youth Centre are free for youth to attend. With many different programs taking place, youth are bound to find a program that youth will enjoy. Check out the KYC website ([www.kemptvilleyc.com](http://www.kemptvilleyc.com)) for more information about programs that are taking place. Don’t miss out on the great opportunities that KYC provides for youth.

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